

Responding to Jackie's Day

Lesson Three

<u>SPHE</u>	<u>Strand:</u> Myself	<u>Strand Unit:</u> Growing and changing, feelings and emotions.
<u>Drama</u>	<u>Strand:</u> Drama to explore feelings, knowledge and ideas, leading to understanding	<u>Strand Unit:</u> Exploring and making drama <u>Strand Unit:</u> Reflecting on drama <u>Strand Unit:</u> Co-operating and communicating in making drama

- Activity One - Times when I feel..
- Activity Two – Still Images
- Activity Three – Learning Emotions

Objectives

1. *The children will be enabled to discuss the times when they feel sad, mad, bad.*
2. *The children will be enabled to participate in still-images activity, depicting different emotions.*
3. *The children will be enabled to listen and respond to the song, 'Learning Emotions'.*

Activity One – Times when I feel....

- Ask the children to consider the story, Bad Baby Day.
- Invite them to discuss the reasons why Jackie felt sad/mad/bad.
- Encourage the children to make connections with the drama by modelling the activity – “*This reminds me of a time when I felt sad because my friends left me out of a game*”.
- Invite the children to share their connections with the class.

Activity Two – Still Images

- Divide the class into pairs, assigning the roles “A” or “B”.

- Ask the children to consider a time when they felt sad.
- Encourage them to picture what their face/body looked like.
- Ask the children with the title “A” to show their partners what 'sadness' looks like, starting from the top of their heads to tips of their toes.
- Repeat the exercise with the “B” children
- Invite the children to repeat this activity using a number of emotions – 'sad', 'mad', 'happy', 'bad'.
- Select a number of children to perform their still-images for the class and ask the children to describe what they see and name the emotion being conveyed.

Activity Three – Two Stars and a Wish

- The children will be invited to assess each other’s work using this methodology.
- Children are selected to give **two stars** (two positive comments such as “*I really like the way you had your hand on your head to show us that you were sad*”), and **one wish**, “*I wish you had crinkled your eyes a bit more to show us that you were very angry*”.
- Play the song, *Learning Emotions* for the children to listen and respond to.