

Responding to Sick Day

Lesson 1

<u>History</u>	<u>Strand:</u> Myself and my family	<u>Strand Unit:</u> Myself
<u>SPHE</u>	<u>Strand:</u> Myself	<u>Strand Unit:</u> Growing and changing

Activities

- Activity One – Talk and Discussion about Sick Day
- Activity Two – Head to Toe
- Activity Three – Toys Timeline

Objectives

1. *The children will be enabled to participate in the talk and discussion activity about the story Sick Day.*
2. *The children will be enabled to participate in the Head to Toe activity by comparing and contrasting being a baby and being a young child.*
3. *The children will be enabled to sequence a toy timeline in their groups.*

Activity One – Talk and Discussion

- Group work - **Talk and discussion.**
- Do you remember Joe from the story Sick Day? Was he a baby? A big boy? An adult?
- Ask the children to discuss this in their groups.
- Invite the children to share their findings.
- Could Joe tell Jackie how he was feeling? How did Jackie know how Joe was feeling?
- Can you remember being a baby?

Activity Two – Head to Toe

- Becoming a baby from head to toe, the children physicalise being a baby for a few moments and then discuss how much they have changed.
- **Compare and contrast.** "When I was a baby I couldn't walk.....now I can walk and run. When I was a baby I couldn't talknow I can talk and sing. "
- Ask the children to compare toys they played with when they were babies and toys they use now.

Activity Three – Toys Timeline

- The children work in groups using the three pictures of toys (one set of pictures per group).

- Encourage the children to describe each toy and to give their opinions about whether it belongs to a baby, toddler or a child their own age.
- The children work in their groups at their tables and put the pictures in sequence, creating a timeline.
- To conclude, play the *Toys* song @ <http://vimeo.com/35796427> or <http://www.youtube.com/watch?v=HlkZm8Z2lb0>



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